

**Hans Raj Mahila Maha Vidyalaya, Jalandhar**

**(2022-23)**

**Awards@ Academics Excellence**

**HMV stands at No. 1 in Punjab and at No. 4 in India in the Education World Rankings**



Principal Prof. Dr. (Mrs.) Ajay Sareen took the institution to yet greater heights by receiving an Award of Extraordinary Leadership from Education World in Grand Jury Higher Education Rankings 2022-23 on 30 May, 2022. With this Hans Raj Mahila Maha Vidyalaya stands at No. 1 in Punjab and at No. 4 in India in the Education World rankings. Grand Jury of well-informed educationists comprising Prof. A.S. Seetharamu, Former Professor of Education at ISEC (Institute for Social & Economic Change), Bangalore, Shri. Depak Kumar Mukadam, Founder, Academician Chancellor's Nominee on Management Council, University of Mumbai and Dr. Hiren Ghelani, IT Entrepreneur & Coordinate member of Saurashtra University and Gujarat Technical University chose HMV from amongst 510 entries for the coveted award.

### **HMV declared as top most Women's College of India by Time Cyber Media**



HMV was declared as top most Women's College of India by Times Cyber Media and awarded with prestigious Education Excellence Women College of the year (2021-22) Award during the International Education Awards organized by Time Cyber Media on 14 June, 2022. Principal Prof. Dr. (Mrs.) Ajay Sareen received the said award from the eminent cricketer Sh. Sunil Gavaskar in Mumbai. HMV has been awarded for its excellence in promoting women empowerment in the field of academics, sports, extra-curricular activities, state-of-art infrastructure and research.

### **HMV celebrated its grand accomplishment in India Today Rankings**



HMV celebrated its grand accomplishment attained in India Today rankings-2022 with aplomb by singing, dancing and distributing ladoos on 28 June, 2022. The jubilant Principal Prof. Dr.(Mrs.) Ajay Sareen informed that HMV feels proud to be ranked amongst Topmost colleges of Punjab and India in seven streams in the Best College Survey 2022 of prestigious India Today rankings. It has been ranked as First in Punjab in Commerce Stream, First in Punjab in Science Stream, Second among Colleges of Punjab in Humanities, amongst Top 10 Colleges of India with Best Value for Money, amongst Top 5 Colleges in Punjab in Mass Communication, amongst Top 5 Colleges in Punjab in BCA and amongst Top 5 Colleges in Punjab in Fashion Designing. Justice NK Sud, Vice President, DAVCMC, New Delhi showered his blessings and said that HMV is a well-knit family which aspires to lead by exemplary zeal. More than 42,000 institutes of higher education in India participated in the 26th edition of the India Today Group's annual ranking of colleges.

**HMV etches its name in Golden Letters in the chronicles**



HMV has once again established its charismatic presence in the field of education by getting first rank in Punjab in Arts, Science and Commerce, second rank in Fashion Technology and third rank in Mass Communication in the The Week Hansa Research Survey 2022 of Best Colleges declared on 16 August, 2022. Justice (Retd.) N.K Sud, Vice President DAVCMC and Chairman Local Committee presented the awards to the Faculty Incharges of respective streams and congratulated the HMVians on their success. Principal Dr. Mrs. Ajay Sareen said that HMV feels blessed to work under the inspiring directions of President DAVCMC Padamshri Dr. Punam Suri, Director Higher Education (Retd.) IAS Sh. Shiv Raman Gaur and Vice President DAVCMC Justice (Retd.) Sh. N.K. Sud

**HMV Ranked in the Top-Tier of ASSOCHAM EduTech 100 Institutions List**



Hans Raj Mahila Maha Vidyalaya, Jalandhar was recognised amongst the Top 100 Higher Education Institutes of India in the EduTech100 Summit on ‘Digital Distinction: Technology Conformance to NEP’ by ASSOCHAM National Council on Education on 14 December, 2022 in a formal presentation at ASSOCHAM EduTech 100 Summit 2022, New Delhi.

### **Academic Insights declares HMV as the best Arts, Science and Commerce College of India**



HMV has once again registered its compelling presence in the field of higher education by getting first rank in Punjab and second rank in Arts, Science and Commerce Colleges of India in a survey conducted by the prestigious monthly magazine Academic Insights on 23 December, 2022.

### **Awards@ Social Responsibility**

#### **HMV awarded by ASSOCHAM for Fourth Consecutive Time**



Hans Raj Mahila Maha Vidyalaya, Jalandhar was awarded by ASSOCHAM for fourth consecutive time as Best Institute working for social cause. Principal Prof. Dr. (Mrs.) Ajay Sareen received award from Sh. Ajay Bhat, Minister of State in the Ministry of Defence and Ministry of Tourism at New Delhi during ASSOCHAM 15th International Education Leadership and Skill Development Summit held on 14 May, 2022.

## **Hans Raj Mahila Maha Vidyalaya bestowed with prestigious award for Best StartUp**

Hans Raj Mahila Maha Vidyalaya, has been bestowed with prestigious award for Best StartUp with



Social Impact at MMIFF Indian Innovative Startup Conference & IISA AWARDS 2022. HMV was chosen for the said award from amongst hundreds of Startups, Institutions, Incubators, Innovators, Leading Entrepreneurs, Founders, Academicians, Researchers, Professionals, Innovators, Management Professionals in Senior Leadership, Policy Makers, Bankers, Entrepreneurship Aspirants, Students and Scholars from all over India. The waste paper startup was well appreciated for its social impact.

## **HMV honoured by NCC as Best Institute in NCC Activities**



HMV was honoured by ADG PHHP and C Directorate Maj. Gen. Rajiv Chhibber, SM as Best Institute in NCC activities for outstanding performance and contribution of exceptional order in the field of promoting NCC and social service activities on 18 August, 2022. In addition, Lt. Sonia Mahindru was honoured with ADG's Commendation Card for Best ANO in Army Wing and Mrs. Purnima was honoured with ADG's Commendation Card for Best CTO in Air Wing.

**FICCI Honours HMV Jalandhar with HMV Jalandhar was conferred with the prestigious award of ‘Excellence in Higher Education Award**



HMV Jalandhar was conferred with the prestigious award of ‘Excellence in Institutional Social Responsibility’ by FICCI at the recently held 8th FICCI Higher Education Excellence Awards 2022, in New Delhi on 21 November, 2022. Principal Prof. Dr. (Mrs.) Ajay Sareen was felicitated by Dr. Bhagwat Karad, Honourable State Minister of Finance, Government of India who also graced the event as the Chief Guest along with Mr Arun Chawla, Director General at FICCI. Organised annually by the apex chamber - Federation of Indian Chambers of Commerce & Industry (FICCI). HMV was recognised by a high-level independent Jury panel chaired by Dr R. A. Mashelkar, Indian National Research Professor and Chancellor of the Institute of Chemical Technology for its exemplary work within the education segment.

**Four Star Rating for Hans Raj Mahila Maha Vidyalaya Innovation Council**

The Institution’s Innovation Council (IIC) of HMV won **Four Gold Star - the highest rating given to higher education institutions in the National IIC ranking 2021-22.** It is a matter of great



honour and happiness that HMV has secured the highest rank position among the educational institutes of India for the second year in a row. The rankings were released by Union Minister of State for Education Sh. Subhas Sarkar.

### **HMV honoured Rural Development Department NITTTR, Chandigarh**



The institution received **appreciation for its efforts towards awareness programme about the benefits of millets under Unnat Bharat Abhiyan by Rural Development Department NITTTR, Chandigarh** (Regional Coordinating Institute for Unnat Bharat Abhiyan) on 16 January, 2023.

### **Awards@ Head of the Institution**

#### **HMV Marching Ahead With Full Vigour**



Guru Nanak Dev University received the prestigious **MAKA Trophy** in 52<sup>nd</sup> Annual Sports Prize Distribution Function held in GNDU Campus, Amritsar on 21 September, 2022. It is a matter of pride that the University won the trophy with the maximum contribution of Hans Raj Mahila Maha Vidyalaya. Principal Prof. Dr. (Mrs.) Ajay Sareen was honoured on the occasion by Sh. Anurag Thakur, Minister of Sports, Youth Affairs and Minister of Information and Broadcasting, Govt. of India in the presence of Vice Chancellor of the University Dr. Jaspal Singh.

**Principal Prof. Dr. (Mrs.) Ajay Sareen elected as President, GNDU Sports Committee (Women)**



Hans Raj Mahila Maha Vidyalaya proudly exhibits its glory over the fact that Principal Prof. Dr. (Mrs.) Ajay Sareen was elected as President of GNDU Sports Committee (Women) on 11 November, 2022. DAV College Managing Committee, New Delhi, Local Committee and staff felicitated the Principal on receiving this honour. Vice Chancellor Dr. Jaspal Singh Sandhu also congratulated Dr. Sareen and acknowledged the institution as a Nursery of Olympians.

**Principal Dr. Ajay Sareen Received Appreciation Award from International Human Rights Commission**



Principal Dr. Ajay Sareen received Award of Appreciation for her Social Service from CJM Dr. Gagandeep and Mr. Amandeep Mittal, State President, IHRC in the presence of Advocate Ram Chhabra, Advocate Amritpal Singh Bharaj, Advocate Gometi Bhagat, Advocate Lovepreet Kaur, Advocate Sutikshan, Advocate Mohammad and SHO Gurpreet Singh on 10 December, 2022.

## Special Achievements@HVM

### HMV Sports Students won 44 medals in National Championship



HMV Family celebrated the huge success of the Sports students who brought laurels to the institution by winning 44 medals in Senior Nationals of Dragon Boat Water Sports held in Karnataka. The campus resounded with cheers and applauds under the stewardship of Principal Prof. Dr. Mrs. Ajay Sareen. It is a matter of great pride that dragon Boat is introduced for the first time in GNDU Water Sports list and HMV Team won all the three Gold medals in Dragon Boat Championship.

### HMV Girl Strikes Seven Gold Medals in National Games



Ms. Kaveri Dimar, Water Sports Player won 7 medals in Open National Kayaking Canoeing Championship held at Tehri Dam Uttarakhand under Indian Kayaking Canoeing Association. Kaveri won gold in C1 1000 Metres, C4-1000 Metres, C1-500 Metres, C4-500 Metres, C1-200 Metres, C4-200 Metres and C1-5 Kms. events. 4 January, 2023.

### **Students of HMV selected for Grand Finale of Smart India Hackathon-2022**



Mehak, Depaali, Palak and Harshita of HMV were selected for Grand Finale of Smart India Hackathon-2022. The team named Evolving buds prepared a prototype of My DigiYatra in which they developed a single virtual platform having live 360 visuals of famous pilgrimages of India. Their main objective was to bring forward the culture of India to the rest of the world and to make sure users stay emotionally connected with their deity.

### **Six gold medals in International English Olympiad**



Holding the mission of providing value oriented, skill based, and globally competent education in sync with Nation's march towards sustainable growth and prosperity, the students of HMV participated in International English Olympiad which is organized by Science Olympiad Foundation, New Delhi in collaboration with British Council. Jahnvi Kapoor, Mehak Chopra, Simreet and Nirlape Kaur, Jiya and Arvinder Kaur brought laurels by winning gold medals and certificates of appreciation for their commendable performance.

### Gold Medals in the International Commerce Olympiad



Shamili Sharma and Shafreen of Hans Raj Mahila Maha Vidyalaya, Jalandhar class won gold medals at Zonal (Punjab and Chandigarh Zone) level. Four students, Muskan Dhadwal (SSC-I), Urvashi (SSC-I), Kuljeet Kaur (SSC-I) and Damini Sharma (SSC-II) won gold medals of Excellence at school level.

### 90<sup>th</sup> Convocation held at HMV



Hans Raj Mahila Maha Vidyalaya proudly hosted its **90<sup>th</sup> Convocation** to award degrees to 767 UG and PG students for the session 2019-20. The Chief Guest of the convocation was young and energetic Mr. Suhail Mir, ADCP-I and Presiding Guest was Justice (Retd.) Sh. N.K. Sud, Vice President DAVCMC, New Delhi. Replacing the gowns with traditional angavastras prepared in-house by the students under Earn While Learn Scheme marked a unique feature in the innovative practices of HMV. The epical address by the youth icon and exemplary IPS Officer Mr. Suhail Qasim Mir was a treat to the audience.

## National Conference on Recent Advancement in Physics



HMV organized one day National Conference on Recent Advancements in Physics in collaboration with Indian Association of Physics Teachers (IAPTRC-02). The objective of this conference is to ignite a spark of curiosity and critical thinking among school and college students. Chief Guest Prof. Vinod Kannaujia, Director N.I.T., Jalandhar. During the conference, 7 parallel sessions were organized in which 170 students from 36 institutions of various districts like Bathinda, Barnala, Ferozepur, Muktsar, Ludhiana, Nawanshahar, Amritsar, Kapurthala, Gurdaspur, Patiala, Pathankot and Hoshiarpur participated. They presented posters on various topics like Physics in Robotics, Application of Nanotechnology, Physics in Kitchen, Role of ISRO in Development of India, Physics and Spectroscopy etc. Session Major Amit Sareen, ADC (General) Jalandhar was the Chief Guest. He addressed the students and said that development of Science is the symbol of development of nation.



## International Yoga Day celebrated at HMV

Spreading awareness about the benefits of Yoga and participating in the mass campaign initiated by Government of India, Hans Raj Mahila Maha Vidyalaya, Jalandhar celebrated **International Yoga Day in collaboration with Ministry of Aayush and 2 Pb. Girls Battalion, NCC** on 21 June, 2022. Brig. I.S. Bhalla, Group Commander and CO 2 Pb. Battalion NCC Col. NPS Toor formed apart of the celebration along with 350 cadets, Ex-cadets, NSS Volunteers, students from Sports Department and faculty and staff of HMV. Yoga Guru Mr. Dheeraj Kumar made the participants perform various asanas.

### Obstacle Course Inaugurated



An Obstacle Course for NCC Cadets was inaugurated at Hans Raj Mahila Maha Vidyalaya, Jalandhar on 07 October, 2022 which was constructed in collaboration with 2PB (G) BN NCC, Jalandhar under the guidance of Group Commander Brig. I.S Bhalla. The obstacle course was inaugurated by Sh. Davinder Singh, Commissioner Municipal Corporation and CO Col. N.P.S. Toor 2 PB (G) BN NCC, Jalandhar.

### SCIENCE MARATHON- 2022 ORGANISED IN HMV



Hans Raj Mahila Maha Vidyalaya organized DBT Sponsored Science Marathon on 12 October, 2022 in which more than 300 students of Physics, Chemistry, Botany, Zoology, Biotechnology and Bioinformatics departments participated in events like Scientific Quotation Writing, Quiz Competition, Scientific Rangoli Making Competition, Extempore Speech Competition, Scientific Skit and Choreography.

### Alumnae Meet



Realizing the notion of human connections and connecting people for the cause of the good, the institution organized its **Alumnae Meet Punarmilan-2022** under the banner of HMV Alumnae Welfare Association on 16 April, 2022. Principal Dr. Ajay Sareen talked about the soulful connection of the alumnae and called them the ambassadors of values and ethics ingrained into their personalities during their stay at HMV. Patron of the Alumnae Association Mrs. Rashmi Khurana conveyed her best wishes virtually. Ms. Kiranpreet Dhami, President Alumnae Association honoured Dr. Sangeena, Ms. Anu Chadha, ADC Mrs. Anupam Kaler, Ms. Manju Ahuja, Dr. Ashu Handa for joining the Association.

### Mega Inter-School Competition “Yuvan”- The young talent



Hans Raj Mahila Maha Vidyalaya, Jalandhar organized a **Mega Inter-School Event of Competitions “Yuvan”- The young talent** on 17 December, 2022. The magnitude and grandeur of the event is reflected in the fact that more than 600 students from 46 schools participated in it. The event was organized to provide an opportunity to the young talent to exhibit as well as enhance their skills and confidence. The charming young faces splashed a rainbow of colours and the campus went vibrant with their enthusiasm. Chief guest of the occasion Dr. Varinder Bhatia Vice Chairman Punjab School Education Board, Dr. Rajeev Joshi, Deputy District Education Officer, Jalandhar, S. Baljinder Singh, Ex DSS, S. Sanjiwan Singh Dadwal, National Evaluator, Mr. Rakesh Sharma, Principal Sain Das A.S. Senior Secondary School, Jalandhar

## Fashionista-The Glam Show 2022



**Fashionista-The Glam Show 2023** was organized successfully on 3 February, 2023 in the premises of Hans Raj Mahila Maha Vidyalaya, Jalandhar. Justice (Retd.) Sh. N.K. Sud, Vice President DAVCMC and Chairman of Local Committee along with his wife Mrs. Arunima Sud were the chief guests for the occasion. The event also witnessed the gracious presence of Lady of the day Dr. Jasleen Kaur, CEO, Orthonova hospital, Mrs. Vani Vij, Director Danik Savera, Mrs. Ronita, CEO, Evergreen Publication, Mrs. Seema Soni, Regional Programming Director, Punjab-Haryana Radio city, Sh. Arvind Ghai and his wife Mrs. Rashmi Ghai, Sh. Ajay Goswami alongwith his wife, Sh. Y.K. Sud alongwith his wife, Sh. Surender Seth and his wife, Sh. Kundan Lal Aggerwal, Sh. S.P. Sahdev, Dr. Pawan Gupta, Dr. Sushma Chawla, Mrs. Purnima Beri, Sh. Irwin Khanna, DEO Sardar Gursharan Singh, Principal Kiranjit Randhawa, Sh. Rajeev Joshi, Principal Sh. Rakesh sharma and Sh. Sudhir made their presence in this majestic show. The prime endeavour of this Glam Show is to motivate young talent andencourage women empowerment so that they could face any sort of challenge in their lives with boldness and mettle.

## ICSSR sponsored National Seminar



Initiating a discourse on Sustainable Development, PG Department of Commerce and Management organized an **ICSSR sponsored National Seminar on “Fostering Sustainable Investment Behaviour : A Paradigm Shift towards Green Economics Growth”** on 25 February, 2023 under the dynamic and visionary command of Principal Prof. Dr. (Mrs.) Ajay Sareen. Prof. Balwinder Singh, University School of Financial Studies, GNDU Amritsar presided over the seminar as the Chief Guest. Prof. Rishi Raj Sharma, Associate Dean Department of Business Management, GNDU Regional Campus, Gurdaspur graced the occasion as Keynote Speaker. The galaxy of dignitaries included the names of Dr. Abhay Jain, Associate Professor Sri Ram College of Commerce, Delhi, Dr. Rupinder Bir Kaur, Associate Professor Punjab University, Ludhiana, Dr. Pooja Mehta, IQAC Coordinator and Associate Professor Department of Commerce and Management, Sri Aurobindo College of Department of Commerce and Management, Ludhiana, Dr. Sandeep Singh, Asstt. Prof. University School of Applied Management Punjabi University Patiala and Dr. Naveen Pandhi, Asstt. Prof. PG Govt. College of Chandigarh.

### **Fiesta-The Trade Fair-2023 organized**



Dappled with vibrancy of colours and fun, **Fiesta-The Trade Fair-2023** was organized at Hans Raj Mahila Maha Vidyalaya. The event was graced by Mr. Bhushan Sharma, DGM, Circle Head PNB, Civil Lines, Jalandhar as the Chief Guest along with Dr. Ramesh Arya, Vice President DAVCMC, New Delhi, Mr. Y.K. Sud, Mr. S.P. Sehdev, Members Local Committee, Mr. Ram Sharda and Mr. Ashok Sareen to enhance the glory of the Anand Utsav.

### **Values and Patriotic Fervour @ HMV**

#### **Kargil Vijay Diwas celebrated**



To

celebrate the valour, courage and sacrifices of the brave martyrs exhibited by Indian soldiers in the Kargil War, Hans Raj Mahila Maha Vidyalaya, Jalandhar organized an interactive session with war heroes in association with Rotary Club of Jalandhar and NCC Group Headquarters with the inspiring support of Principal Prof. Dr. (Mrs.) Ajay Sareen. The guests of session were Kargil Heroes Honorary Captain Raghunath Singh, Vir Chakra Awardee and Subedar Sarwan Singh, Seva Model Awardee along with Dr. Vijay Oberoi, Secretary Rotary Club, Dr. Ashok Pruthi, Member Local Managing Committee and Rotaract Sh. Sanjay Kumar.

### **HMV organized Har Ghar Tiranga Ceremony**



As per the directions of Government of India, the NCC, NSS units and Student Council of Hans Raj Mahila Maha Vidyalaya organized a ceremony under ‘**Har Ghar Tiranga**’ campaign. Cadets, Volunteers and members of Student Council organized a ‘**Tiranga Rally**’ in the college campus to express their love for their country.

### **115<sup>th</sup> Birth Ceremony of Shaheed-E-AzamBhagat Singh**



As per the instructions of the Punjab Government, Hans Raj Mahila Maha Vidyalaya, Jalandhar celebrated 115<sup>th</sup> Birthday Anniversary of Shaheed Bhagat Singh on 17 September, 2022. To commemorate the anniversary, 100 students Sports, NCC and NSS Units of the college participated in the marathon race and Cycle Rally organized by the District Administration at Guru Gobind Singh Stadium, Jalandhar. Another 50 students of the college visited Jang-E-Azaadi near Kartarpur. A symposium by Department of Political Science and History on life, ideology and contribution of

Shaheed Bhagat Singh was also organized in the college campus. Nukad Natak by Maharishi Kalidas Dramatic Club on philosophy of Shaheed Bhagat Singh was also performed in the college campus.

### **HMV paid tribute to Maharishi Dayanand and Mahatma Anand Swami Ji**



Hans Raj Mahila Maha Vidyalaya paid tribute to Maharishi Dayanand Saraswati Ji and Mahatma Anand Swami Ji on their Nirvaan Diwas by performing Havan Yajna. Principal Prof. Dr. (Mrs.) Ajay Sareen appreciated the endeavour and said that we should always bow our heads in front of such great personalities. It is because of their efforts, hard work and dedication that we are living in free India. We should always try to follow the path shown by these great personalities.

### **“Honesty Shop” inaugurated at HMV Hostel on the occasion of Mahatma Hans Raj Nirwan Diwas**



On the occasion of Nirwan Diwas of Mahatma Hans Raj Ji, the IQAC, Vedic Adhyan Samiti and Sanskrit Department of Hans Raj Mahila Maha Vidyalaya inaugurated “Honesty Shop” in the college hostel. The objective of inaugurating this “Honesty Shop” is to inculcate the qualities of Mahatma Ji in our students. Through

“Honesty Shop” the students will be getting all the things of day to day usage and they will be keeping money there honestly.

## Majestic Celebration of 96<sup>th</sup> Foundation Day of HMV



Hans Raj Mahila Maha Vidyalaya, Jalandhar celebrated its **96<sup>th</sup> Foundation Day** under the sagely patrons of DAVCMC and the lead of Principal Prof. Dr. (Mrs.) Ajay Sareen. The week long celebrations from 6 April to 12 April 2022 included seminars, competitions, health camps and capacity building programmes culminated with a major event in the presence of Chief Guest Sh. Raman Arora, MLA, Jalandhar Central, Guests of Honour Mr. & Mrs. Y.K. Sud, Sh. Kundan Lal Aggarwal, Sh. Surendra Seth, Sh. Dwarka Nath Sharma, Principal Rakesh Kumar and other dignitaries.

## PratiAbhaar 2022 organized for the Supporting Staff



In order to express gratitude towards the Supporting Staff for their continuous hard work, a special day dedicated to them titled **Pratiabhaar** was organized. The event was celebrated on May 19, 2022. The members of supporting staff gave cultural performance and showcased their skills in ramp walk. They were presented with titles, gifts and floral honour.

**Principal**